

# The Ogee

## THE COMPLEX CONTOURS OF THE HUMAN FACE DEFINE OUR IDENTITY, OUR BEAUTY, AND PROVIDE A CLUE TO OUR AGE.

Research suggests that our eyes and brain can detect changes as small as 1mm in the face of others almost instantly. Therefore, maintaining these very subtle contours is a key in the battle against visible ageing.

The aesthetically ideal, youthful cheek should have a fuller upper portion which gently curves into a less full lower portion. Architects call this shape an ogee curve. Over time however, the aging process leads to a decrease of the malar fat pad which blunts the natural ogee curve. Conversely, fat tends to accumulate along the jaw line creating a jowl. Although these changes are programmed in our genetic code, it doesn't mean we just surrender and watch them occur.

## TWO FREQUENTLY USED OPTIONS TO RESTORE THE YOUTHFUL OGEE ARE FAT GRAFTING AND DERMAL FILLER TREATMENT.

Dermal fillers are injectable medications which are designed to plump the tissue. For the upper cheek area, the most utilized products are Restylane Lyft®, Juvederm Voluma®, and Sculptra®.

In our experience, dermal fillers tend to last longer in the upper cheek area than in other areas of the face. We assume this is due to less motion in this area, but the deeper place-



ment of the filler in this region may also enhance longevity. Fillers have advantages including convenience, ease of placement, predictable duration, and a high safety margin. If performed properly, dermal fillers can provide a very satisfying, soft and natural cheek ogee curve.

Fat grafting provides the ultimate upper cheek restoration since it is a completely natural replacement of the original material. However, it is not without limitations. A donor area is required and there is much more variability in the response from patient to patient as compared to a dermal filler. More than one fat grafting treatment may be

required to achieve the desired result.

## THE OPTIONS ARE BROAD IN THE QUEST TO RESTORE THE NATURALLY BEAUTIFUL OGEE CURVE OF THE CHEEK.

Our three expert-level nurse injectors and Dr. Kirn are devoted to safely achieving a natural appearing restoration of youthful facial contours by offering a full spectrum of options.

Dr. David Kirn is a Board-Certified Plastic Surgeon who is devoted to advanced techniques in Cosmetic Surgery of the Face, Breast, and Body.

Dr. Kirn, Carey Sanders, RN, Shirley Ramsey DNP, APRN, and Tara Smith APRN offer a full spectrum of non-surgical treatments such as Botox®, Dysport®, Dermal Fillers, & Laser.



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