

Fat Grafting

The fat grafting procedure transfers fat from one body area to another. It is a core technique in my practice and is primarily used to restore youthful volume to the face. The upper cheek, folds around the mouth and the lips may all benefit from fat grafting. Fat is a natural filler and therefore looks very smooth and feels very soft in virtually all circumstances. There is no risk of allergy or rejection since the fat cells are your own. Fat grafting may also be used for a variety of other applications including treatment of depressed scars, buttock enhancement, and treatment of contour problems after liposuction.



THE GOAL IS TO TRANSFER LIVING FAT CELLS TO A DIFFERENT BODY LOCATION AND HAVE THEM REMAIN ALIVE IN THE NEW AREA.

Just like fat cells elsewhere, the living, grafted, cells should remain for a very long time. Fat grafts have no specific longevity and theoretically can last indefinitely. However, the human body is always changing and fat grafts are subject to natural changes over time, just like all other living tissues. Not all of the fat cells will survive the transfer process. The percentage which does can vary significantly from patient to patient. More than one session of fat grafting may be required to achieve the best result.

THE FACIAL AGING PROCESS CONSISTS OF "VOLUMETRIC" CHANGES IN THE FACIAL FAT

DISTRIBUTION AND STRETCHING OR SAGGING OF THE SKIN.

The modern facelift addresses both issues to generate a youthful, natural-appearing result. Fat may be removed from undesired areas such as the neck and jowl. Simultaneously, fat grafts may be employed to restore volume in areas of loss such as the upper cheek or around the mouth.

FAT GRAFTING CAN BE A COMPONENT OF A LARGER SURGICAL PROCEDURE

IN THE OPERATING ROOM OR IN THE OFFICE UNDER LOCAL ANESTHESIA.

An American Board of Plastic Surgery Certified Surgeon who routinely performs fat grafting is the best resource to help you determine if fat grafting might be a good option for you.

Dr. David Kirn is a Board-Certified Plastic Surgeon who is devoted to advanced techniques in Cosmetic Surgery of the Face, Breast, and Body.

Dr. Kirn, Carey Sanders, RN, Shirley Ramsey DNP, APRN, and Tara Smith APRN offer a full spectrum of non-surgical treatments such as Botox®, Dysport®, Dermal Fillers, & Laser.



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