

Botox® Myths

The neuromodulators, Botox® and Dysport® are a cornerstone anti-aging treatment. The goal of this article is to dispel a few myths, based on our observations over the last 20 years and thousands of patient treatments. Our practice uses Botox® and Dysport® essentially interchangeably, with patient preference usually being the deciding factor. I will use the generic term “neuromodulator” so that the statements could apply either to Botox® or Dysport®.

IF I USE BOTOX® OR DYSPORT® REPETITIVELY, WILL THEY LAST LONGER?

Our observations have not supported that commonly held belief. It seems that each patient has a specific interval of time their body takes to wear off the effect of the neuromodulator. That interval does not change over time. For example, if the first neuromodulator injection lasts you 4 months, each subsequent injection will likely also last 4 months. However, the effect will likely be better with repeated use. Keeping the wrinkle-causing muscles suppressed avoids recurrence of the wrinkle so long as the injections are repeated prior to complete loss of the effect.

\$50 FOR 50

EXPERIENCE BOTOX OR DYSPORT WITH OUR NURSE INJECTORS. THE FIRST 50 CALLERS WILL RECEIVE \$50 OFF A MINIMUM TREATMENT OF 25 UNITS OF BOTOX OR 50 UNITS OF DYSPORT.

BOTOX® VS. DYSPORT® - WHAT'S THE DIFFERENCE?

Botox® and Dysport® are highly similar. Think of them as two



flavors of the same drink. In our clinical experience, most patients cannot detect any difference. However, there are some patients for whom one or the other will last a little longer. So, naturally, those patients prefer to use the product which lasts them longest. Usually, Dysport® will take effect a little quicker than Botox®.

WHEN IS THE RIGHT AGE TO START USING BOTOX® OR DYSPORT®?

As with many plastic surgery procedures, age is a less important factor than the indications and goals of treatment. For example, if you have vertical wrinkles in between your eyebrows which stay all the time regardless of whether you are frowning or not, you may be a candidate for neuro-modulator treatment, regardless of your age. It is generally better to start neuromodulator treatment before wrinkles become very deep. If the wrinkles are shallow, they will likely go away completely with neuromodulator treatment alone. If they are deeper, additional procedures may be necessary to achieve the best effect. The experienced injector can provide valuable insight to achieve the goal in the safest, most effective manner.

Dr. David Kirn is a Board Certified Plastic Surgeon who is devoted to advanced techniques in Cosmetic Surgery of the Face, Breast, and Body.

Dr. Kirn, Carey Sanders, RN and Shirley Ramsey DNP, APRN, offer a full spectrum of non-surgical treatments such as Botox®, Dysport®, Dermal Fillers, Kybella®, & Laser.



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