

How may we help you?

OVER MY TWENTY-FIVE YEARS IN PRACTICE MANY TECHNOLOGY CHANGES HAVE

allowed us to help our patients in ways we could not have imaged at the start. In this short article, I will highlight just a few of the most important and useful.

OUR PRACTICE HAS ALWAYS FOCUSED ON DELIVERING HIGH QUALITY SURGICAL RESULTS.

That has not changed. For our facial rejuvenation procedures, continued refinement in fat grafting technology has allowed delivery of lasting volume restoration for most patients. The new drugs Artiss and TXA have shortened the recovery time dramatically. Most of our facelift and necklift patients are back to their normal activities in two weeks or less. The combination of volume restoration and tissue repositioning technologies yields a very natural appearing result.

At the start of my career only saline breast implants were available. Now, we have a full range of implants including the newest generation of gel implants such as the Mentor® BOOST™ implant. The new gels provide safety along with a nice combination of softness and shape. We have incorporated high resolution ultrasound into our practice to facilitate implant monitoring.

Our iTuck™ abdominoplasty technique incorporates special surgical techniques to eliminate the need of drains, along with long-acting local anesthetic to deliver powerful results with less pain, fewer complications, and less downtime.



Routinely, patients are back to most of their normal activities within a week.

THE LARGEST TECHNOLOGY TRANSITION HAS BEEN THE AVAILABILITY OF NON-SURGICAL TREATMENTS

including injectables and highly effective topical skincare products. Botox® emerged about a year after I started practice and we adopted it instantly. Shortly afterward, the advent of hyaluronic acid fillers gave us the ability to treat deeper lines, restore volume, and enhance facial contours in a safe and effective

manner. The availability of scientifically based skin care product lines continues to grow.

Culturally, the acceptance of plastic surgery along with our society's interest in staying healthy and looking youthful has led to an explosion in our industry. We look forward to continuing to offer the best of technology to help our patients.



Dr. David Kirm is a Board-Certified Plastic Surgeon who is devoted to advanced techniques in Cosmetic Surgery of the Face, Breast, & Body. Dr. Kirm, Carey Sanders, RN, & Tara Smith APRN, offer a full spectrum of injectable and laser treatments. Karen Sims, RN, and Blakely Arderly provide medical grade skin care.



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